

Counselor Initiative & Student Support Services Professional Development

Regional/Cluster Offerings Serving Region 10 Schools 2010 - 2011

These sessions are only available at Region 10 ESC or designated cluster locations to members of the Region 10 CISSS Cooperative.

Counselor Support and College and Career Readiness

A Helicopter View of College and Career Readiness (7th – 12th)

Across the state there is a mission to close gaps to increase state college enrollment and completion rates in our high schools. This workshop will provide relevant student data and provide ways to strategically plan for the data. It will also present ways to integrate College and Career Readiness Standards into the Texas Comprehensive Developmental Guidance and Counseling Model. Each district in attendance will receive a notebook that promotes a college and career ready culture with support for applying for college and financial aid.

Counselor Connect – 1st Thursday

Monthly video conferences will provide information on specific topics related to counseling. They will be scheduled as timely updates to various issues facing counselors.

9:00 - 11:30 a.m. at various video conference sites across Region 10:

- October 7
- November 4
- December 2
- January 6
- February 4
- May 7

Counselor Symposium

Counselors will have the opportunity to network and learn from nationally recognized experts in the field of school counseling at this annual event. In addition to training, counselors will have many opportunities to share resources and gather ideas from other counselors and service providers in all areas of counseling. LPC credit will be awarded.

Regional Counselor Updates

Periodic updates will be provided to help keep counselors well informed. There will be a variety of topics presented to help the counselors stay current on information related to counseling issues, including graduation plans and ways to provide success for all students.

- September 24, 2010
- January 6, 2011
- June 9, 2011

Safe Schools Services

Bully Prevention Conference

This one-day conference will include an introduction to research-based programs, case studies and best practices for addressing bullying and cyber-bullying in schools. The session will feature nationally recognized speakers who will discuss specific strategies and ideas for working with students identified as bullies, the victims, and bystanders. Participants will gain a wealth of information and resources that may be used to promote bully-free schools and classrooms where students can learn in a safe environment.

Child Abuse Prevention

This workshop is designed to educate school staff to prevent, recognize and react responsibly to child abuse. Its purpose is to empower participants to take responsibility for the safety of school students by learning child abuse safety guidelines and strategies for intervention and prevention.

Consequences: Train the Trainer (Latest Version – Updated through Aug. 2010)

The "Consequences" curriculum is designed to assist middle school students in understanding how the juvenile justice system operates and how criminal behavior impacts their lives. This training explores classroom application of "Consequences." (Sept. 2010)

Cops in School: Partnership Between Law Enforcement and School Officials

This workshop covers four distinct topics of interest to law enforcement and school administrators: Notification Requirements, Juvenile vs. Student Records, Search and Seizure in School, and Student Interviews. (Sept. 2010)

Crisis Recovery

Crisis preparedness and response require adequate experience, knowledge, and resources to support the school-wide community through an emotionally traumatic event. This workshop prepares participants to respond to the mental health needs of students, staff, and families related to emotionally traumatic events, including but not limited to school violence, death, crime, accidents, self-injury and terrorist activities. Participants will hear from a nationally renowned expert as Dr. Scott Poland presents the most current information about crisis response when it affects the school community.

Current Drug Trends

This session will feature a nationally known speaker who will provide an update on current drug trends at the local, state and national level to highlight best practices and strategies for addressing drug prevention in our schools and communities.

Games Adolescents Shouldn't Play (G.A.S.P.)

The Choking Game is a misunderstood activity causing death and suffering for thousands of families worldwide. It often begins with high-achieving teens choking each other as a way to get high without the risk of getting caught with drugs or alcohol. It ends with thousands of kids dying or suffering permanent brain damage each year. This session will provide strategies and resources to help schools prevent this deadly game among students.

Drug Impairment Training for Education Professionals (DITEP)

Administrators, counselors, teachers, and school nurses will learn skills to recognize symptoms of drug and/or alcohol impairment. Training objectives will include important elements of the TX Penal code and the TX Education Code.

Drugs and Ganges: Why Do Teens Think These Things Are So Cool?

Participants will explore the identification and profile of a gang member and why students may choose to join gangs.. Participants will hear about substance abuse issues and explore its financial incentives and marketing strategies used to lure youth to drugs and gangs.

Failure to Attend School & Charges Against Parents

This presentation provides prosecutors, school officials, law enforcement and judges with a detailed overview of the offenses of Failure to Attend School and Parent Contributing to Non-Attendance. Attendees analyze the relevant Education Code and Code of Criminal Procedure statutes; evaluate court cases, opinions of the Attorney General's Office, and review recent legislative enactments. (Sept. 2010)

Prescription Drug Abuse & Current Drug Trends

Participants attending this session will become aware of a variety of prescription drugs abused by youth. They will receive tools and valuable resources to help school personnel identify signs, symptoms, and action steps to preventing drug abuse in local school districts.

Peer Assistance and Leadership (PAL)

This two day workshop is designed to incorporate the PAL Program into the fabric of the schools. PAL Services will instruct and guide district representatives as to the benefit and the responsibilities of the districts. The focus of this workshop will include: recruitment and selection of PAL students, how to use the PAL Sponsor Manual, lesson planning, assessment of professional and community resources, PAL program supervision, maintenance, and evaluation, and service delivery.

Peers Making Peace

Participants will be able to implement the proven, science/research-based, award winning 'Peers Making Peace School Team Mediation Program' on their elementary, middle and high school campuses. By implementing this one program, school campuses can have a triple impact: Violence Reduction, Disciplinary Infraction Reduction and Academic Achievement Improvement! (July 2010, Nov. 2010, Jan. 2011)

Project Alert (6-8)

The program is designed to motivate students against drug use, to provide skills and strategies for resisting use, and to establish non-use attitudes and beliefs. Project Alert addresses tobacco, alcohol, marijuana, and inhalants in a focused, classroom-based adolescent substance abuse prevention program.

Rainbow Days

Rainbow Days will offer evidence-based workshops to teach skills participants can use to teach children and youth a set of essential life skills to help them learn how to: cope with difficult family situations, resist peer pressure, set and achieve goals, and refuse alcohol, tobacco, and other drugs. Sessions are offered on the following topics throughout the school year: *Elementary Connection, Kids Connection, and Youth Connection.*

Responding to Self-injurious Students: Prevention and Intervention Strategies for Schools

Self-injury (SI) is a complex variety of behaviors separate and distinct from suicide that fulfills a multitude of needs in adolescents. This workshop will focus on exploring the interaction between cognitive, affective, behavioral, environmental, biological and psychological dimensions in the etiology of SI youth. School prevention and intervention strategies will be discussed. LPC and Social Work Credit will be given. Presented by Richard Lieberman.

Safe and Secure Schools Conference

This collaborative conference sponsored by Region 10 and the Texas School Safety Center is designed to offer a variety of safety topics that will help promote safer schools for all students. Discussion topics will include: Internet Safety, Current Drug Trends, Gang Awareness, and What Schools Can Do to Prevent Violence in Schools. The conference will also offer a Red Ribbon Fair featuring a wide variety of safety resources for schools and communities.

Search and Seizure in School

Participants will focus on the legal issues pertaining to searches of students and their personal effects in the school setting. (Sept. 2010)

Teen Dating Violence/Making a Difference

Participants will learn the prevalence and impact of teen dating violence. They will leave with the understanding of the law, a district's implementation, and how to partner with the local community to provide resources and strategies to address this issue.

Victims of the Web

This collaborative conference will feature discussions from experts on internet safety topics including cyber-bullying, social networking, cyber lingo, sexting, etc. The one-day conference will provide districts with research-based information, resources, and prevention/intervention tools to help schools promote online safety for students.

When Is Behavior a Crime? Including *Student Free Speech Rights in Cyberspace*

Participants will explore the various criminal offenses listed in Chapter 37 of the Texas Education Code for which students may be removed from class and/or expelled from school. Also, addressed will be the first Amendment rights students enjoy in school and when those free speech rights cross into criminal behavior. (Sept. 2010)

Supporting School Resiliency

Organization and Strategies for DAEP

If you would like organization ideas or strategies for dealing with DAEP students, this best practices workshop is just for you. The presenter will provide staff development ideas, DAEP students/characteristics and research about alternative education, in addition to strategies for dealing with those challenges.

Student Presentations

MADD Leadership Conference

This session is designed to empower high school students from the North Texas area with leadership and resiliency skills to make responsible decisions regarding alcohol use. The one-day event will provide an opportunity for students to be reminded of the consequences of drinking and driving and what they can do to promote alcohol prevention in their schools.

RAT Rallies (Rally Against Tobacco)

A RAT Rally is a unique way to educate students on the harsh realities of tobacco use and empower them to develop their very own campaign back at their campuses. The rallies are designed to equip students with knowledge, leadership skills and resiliency techniques. Participants will be fully engaged and on the edge of their seats from 10 am – 2 pm. RAT Rallies are most appropriate for Middle School and High School students.