

FINE MOTOR ASSESSMENT

Name _____ District _____ DOB _____

Age _____ Sex _____ Therapist _____ Date _____

KEY: (+) Passed (-) Failed (NT) Not Tested (±) Inconsistent

HAND/ARM MOVEMENTS: (note R/L/B)

- brings hands to midline (3 mo)
- clasps & unclasps hands (3 mo)
- transfers objects to the ___ R & ___ L (6 mo)
- no purposeful reach
- reaches bilaterally (5 mo)
- unilateral reach (note G/F/P)
- ___ circular (6 mo) ___ direct (8 mo)
- ___ R ___ L ___ either hand
- approaches with index finger (9 mo)
- voluntary supination for grasp (1 yr)
- stabilizes forearm
- stabilizes wrist in extension
- isolates thumb from fingers
- separates sides of hand
- brings thumb into opposition w/each finger
- ___ R (4 yr) ___ L (4 yr)
- isolates ___ arm/hand ___ hand/finger
- in-hand manipulation _____
- sensation _____

√ if applicable:

___ tremors ___ spasticity ___ associated reactions

Comments: _____

GRASP/RELEASE (note R/L/B)

hand(s): ___ open ___ loosely fistcd ___ tightly fistcd
 ___ dominance ___ preference

Grasp:

- no purposeful grasp
- rakes pellets (6 mo)
- ulnar palmar (4 mo)
- palmar (5 mo)
- radial palmar (6 mo)
- radial digital (9 mo)
- scissor (9 mo)
- inferior pincer (10 mo)
- superior pincer (1 yr)
- all mature grasp patterns

Comments: _____

Release:

involuntary (3 mo) normal (1 yr)
 unrefined (8-10 mo) avoiding

Comments: _____

MANIPULATIVE ACTIVITIES

Rattle:

- holds toy/object actively (3 mo)
- shakes toy/object actively (9 mo)

Comments: _____

MANIPULATIVE ACTIVITIES (cont'd)

Cubes:

- bangs 2 objects together spontaneously (9 mo)
- attempts to stack cube (brings 1 cube over another) (1 yr)
- places cube in container (15 mo)
- stacks # ___ cubes (2-15 mo, 4-1 ½ yrs, 6-2 yrs, 8-2 ½ yrs, 10-3 yrs)
- imitates bridge (3 yrs)
- builds bridge from model (3 ½ yrs)
- imitates gate (4 yrs)
- builds gate (5 yrs)
- builds 2 steps from model (5 yrs)
- builds 3 steps from model (6 yrs)
- duplicates color configuration

Comments: _____

Book:

- turns 2-3 pages at a time (1 ½ yrs)
- turns pages one at a time (2 yrs)

Comments: _____

Buttons:

- unbuttons large (1 ½") buttons (2 ½ yrs)
- unbuttons medium (1") buttons (3 yrs)
- unbuttons small (1/2") buttons (3 ½ yrs)
- buttons large (1 ½") buttons (4 ½ yrs)
- buttons medium (1") buttons (5 yrs)
- buttons small (1/2") buttons (6 yrs)
- buttons own clothing (6 yrs)
- ___ good ___ fair ___ poor coordination

Comments: _____

Lacing Card:

- laces randomly (3 yrs)
- laces with sequencing (4 yrs)

Comments: _____

Beads:

- strings 1" beads (3 yrs)
- strings ½" beads (3 ½ yrs)
- ___ using 2 hands ___ using 1 hand w/support of

MANIPULATIVE ACTIVITIES (cont'd)

Jar lids:

- unscrews and screws 3" lids (3 yrs)
- unscrews and screws 1" lids (4 yrs)
- __using wrist and finger movements
- __using finger movements

Comments: _____

Scissors: type _____ R ___ L hand

- unable to use scissors
- snips with scissors (2 yrs)
- uses scissors inaccurately (3 yrs)
- cuts straight line w/in 1/4" (4 yrs)
- cuts triangle w/in 1/4" (5 yrs)
- cuts circle w/in 1/4" (6 yrs)
- cuts accurately
- __jagged edges with _____

Comments: _____

Paper Management: (specify assist)

- holds paper independently
- turns paper independently
- __assistance needed with _____

Comments: _____

Puzzle:

- completes formboard (4 piece - 2 yrs)
- __recognizes location of placement
- __manipulates piece appropriately
- completes inset puzzle (6 piece 4 yrs
- 8 piece 4 1/2 yrs, 10 piece 5 1/2 yrs)
- __recognizes location of placement
- __manipulates piece appropriately

Comments: _____

PREGRAPHIC/GRAPHIC SKILLS ___R ___L

Grasp: Inefficient

- __palmar supinate __digital pronate
- __thumb wrap __forefinger __thumb tuck

Efficient

- __adapted tripod
- __static tripod __dynamic tripod

- picks up crayon, marks on paper (1 yr)
- scribbles spontaneously -may go off of page (1 1/2 yrs)
- scribbles confined to page (2 yrs)

Comments: _____

PREGRAPHIC/GRAPHIC SKILLS (cont'd)

Imitates:

- a stroke (1 1/2 yrs)
- vertical line (2 yrs)
- horizontal line (2 yrs)
- circular stroke (2 yrs)
- 2 or more strokes for cross (2 1/2 yrs)
- "V" stroke (2 1/2 yrs)
- "H" stroke (2 1/2 yrs)
- cross (3 yrs)

Comments: _____

Copies:

- circle (3 yrs)
- cross (4 yrs)
- square (4 1/2 yrs)
- "V" and "H" (4 1/2 yrs)
- triangle (5 yrs)
- rectangle w/diagonals (5 1/2 yrs)
- diamond (6 yrs)
- b, d, p, g (6 yrs)

Comments: _____

Traces:

- diamond (3 1/2 yrs) __retraces the lines
- cross (4 1/2 yrs) __retraces the lines

Comments: _____

Draw a person:

- 3 part (4 years)
- 6 part (5 years)

Writing: __prints __cursive

letters: __large __irregular __accurate
__appropriate size

spacing: __good __fair __poor __on line

reversals: __yes __no

rotation: __paper __body

pencil: __rotates to erase __moves through fingers

stabilize paper with non-dominant hand ___yes
___no

Comments: _____

Midline Crossing: (note R/L/B)

__good __fair __poor __none

Comments: _____

Stability: _____

Bilateral Coordination: _____

Motor Planning: _____
