

## FINE MOTOR ASSESSMENT

Name \_\_\_\_\_ District \_\_\_\_\_ DOB \_\_\_\_\_

Age \_\_\_\_\_ Sex \_\_\_\_\_ Therapist \_\_\_\_\_ Date \_\_\_\_\_

KEY:    (+) Passed                    (-) Failed                    (NT) Not Tested                    (±) Inconsistent

### HAND/ARM MOVEMENTS: (note R/L/B)

<input type="checkbox"/>	brings hands to midline (3 mo)
<input type="checkbox"/>	clasps & unclasps hands (3 mo)
<input type="checkbox"/>	transfers objects to the ___ R & ___ L (6 mo)
<input type="checkbox"/>	no purposeful reach
<input type="checkbox"/>	reaches bilaterally (5 mo)
<input type="checkbox"/>	unilateral reach (note G/F/P)
<input type="checkbox"/>	___ circular (6 mo)    ___ direct (8 mo)
<input type="checkbox"/>	___ R ___ L ___ either hand
<input type="checkbox"/>	approaches with index finger (9 mo)
<input type="checkbox"/>	voluntary supination for grasp (1 yr)
<input type="checkbox"/>	stabilizes forearm
<input type="checkbox"/>	stabilizes wrist in extension
<input type="checkbox"/>	isolates thumb from fingers
<input type="checkbox"/>	separates sides of hand
<input type="checkbox"/>	brings thumb into opposition w/each finger
<input type="checkbox"/>	___ R (4 yr)    ___ L (4 yr)
<input type="checkbox"/>	isolates ___ arm/hand    ___ hand/finger
<input type="checkbox"/>	in-hand manipulation _____
<input type="checkbox"/>	sensation _____

7 if applicable:

   \_\_\_ tremors    \_\_\_ spasticity    \_\_\_ associated reactions

Comments: \_\_\_\_\_

### GRASP/RELEASE (note R/L/B)

hand(s):    \_\_\_ open    \_\_\_ loosely fistcd    \_\_\_ tightly fistcd  
           \_\_\_ dominance    \_\_\_ preference

#### Grasp:

<input type="checkbox"/>	no purposeful grasp
<input type="checkbox"/>	rakes pellets (6 mo)
<input type="checkbox"/>	ulnar palmar (4 mo)
<input type="checkbox"/>	palmar (5 mo)
<input type="checkbox"/>	radial palmar (6 mo)
<input type="checkbox"/>	radial digital (9 mo)
<input type="checkbox"/>	scissor (9 mo)
<input type="checkbox"/>	inferior pincer (10 mo)
<input type="checkbox"/>	superior pincer (1 yr)
<input type="checkbox"/>	all mature grasp patterns

Comments: \_\_\_\_\_

#### Release:

<input type="checkbox"/>	involuntary (3 mo)	<input type="checkbox"/>	normal (1 yr)
<input type="checkbox"/>	unrefined (8-10 mo)	<input type="checkbox"/>	avoiding

Comments: \_\_\_\_\_

### MANIPULATIVE ACTIVITIES

#### Rattle:

<input type="checkbox"/>	holds toy/object actively (3 mo)
<input type="checkbox"/>	shakes toy/object actively (9 mo)

Comments: \_\_\_\_\_

### MANIPULATIVE ACTIVITIES (cont'd)

#### Cubes:

<input type="checkbox"/>	bangs 2 objects together spontaneously (9 mo)
<input type="checkbox"/>	attempts to stack cube (brings 1 cube over another) (1 yr)
<input type="checkbox"/>	places cube in container (15 mo)
<input type="checkbox"/>	stacks # ___ cubes (2-15 mo, 4-1 ½ yrs, 6-2 yrs, 8-2 ½ yrs, 10-3 yrs)
<input type="checkbox"/>	imitates bridge (3 yrs)
<input type="checkbox"/>	builds bridge from model (3 ½ yrs)
<input type="checkbox"/>	imitates gate (4 yrs)
<input type="checkbox"/>	builds gate (5 yrs)
<input type="checkbox"/>	builds 2 steps from model (5 yrs)
<input type="checkbox"/>	builds 3 steps from model (6 yrs)
<input type="checkbox"/>	duplicates color configuration

Comments: \_\_\_\_\_

#### Book:

<input type="checkbox"/>	turns 2-3 pages at a time (1 ½ yrs)
<input type="checkbox"/>	turns pages one at a time (2 yrs)

Comments: \_\_\_\_\_

#### Buttons:

<input type="checkbox"/>	unbuttons large (1 ½") buttons (2 ½ yrs)
<input type="checkbox"/>	unbuttons medium (1") buttons (3 yrs)
<input type="checkbox"/>	unbuttons small (1/2") buttons (3 ½ yrs)
<input type="checkbox"/>	buttons large (1 ½") buttons (4 ½ yrs)
<input type="checkbox"/>	buttons medium (1") buttons (5 yrs)
<input type="checkbox"/>	buttons small (1/2") buttons (6 yrs)
<input type="checkbox"/>	buttons own clothing (6 yrs)
<input type="checkbox"/>	___ good    ___ fair    ___ poor coordination

Comments: \_\_\_\_\_

#### Lacing Card:

<input type="checkbox"/>	laces randomly (3 yrs)
<input type="checkbox"/>	laces with sequencing (4 yrs)

Comments: \_\_\_\_\_

#### Beads:

<input type="checkbox"/>	strings 1" beads (3 yrs)
<input type="checkbox"/>	strings ½" beads ( 3 ½ yrs)
<input type="checkbox"/>	___ using 2 hands    ___ using 1 hand w/support of

## MANIPULATIVE ACTIVITIES (cont'd)

### Jar lids:

- unscrews and screws 3" lids (3 yrs)
- unscrews and screws 1" lids (4 yrs)
- \_\_using wrist and finger movements
- \_\_using finger movements

Comments: \_\_\_\_\_  
\_\_\_\_\_

### Scissors: type \_\_\_\_\_ R \_\_\_ L hand

- unable to use scissors
- snips with scissors (2 yrs)
- uses scissors inaccurately (3 yrs)
- cuts straight line w/in ¼" (4 yrs)
- cuts triangle w/in ¼" (5 yrs)
- cuts circle w/in ¼" (6 yrs)
- cuts accurately
- \_\_jagged edges with \_\_\_\_\_

Comments: \_\_\_\_\_  
\_\_\_\_\_

### Paper Management: (specify assist)

- holds paper independently
- turns paper independently
- \_\_assistance needed with \_\_\_\_\_

Comments: \_\_\_\_\_  
\_\_\_\_\_

### Puzzle:

- completes formboard (4 piece - 2 yrs)
- \_\_recognizes location of placement
- \_\_manipulates piece appropriately
- completes inset puzzle (6 piece 4 yrs)
- 8 piece 4 ½ yrs, 10 piece 5 ½ yrs)
- \_\_recognizes location of placement
- \_\_manipulates piece appropriately

Comments: \_\_\_\_\_  
\_\_\_\_\_

## PREGRAPHIC/GRAPHIC SKILLS \_\_\_R \_\_\_L

### Grasp: Inefficient

- palmar supinate \_\_\_digital pronate
- thumb wrap \_\_\_forefinger \_\_\_thumb tuck

### Efficient

- adapted tripod
- static tripod \_\_\_dynamic tripod

- picks up crayon, marks on paper (1 yr)
- scribbles spontaneously -may go off of page (1 ½ yrs)
- scribbles confined to page (2 yrs)

Comments: \_\_\_\_\_  
\_\_\_\_\_

## PREGRAPHIC/GRAPHIC SKILLS (cont'd)

### Imitates:

- a stroke (1 ½ yrs)
- vertical line (2 yrs)
- horizontal line (2 yrs)
- circular stroke (2 yrs)
- 2 or more strokes for cross (2 ½ yrs)
- "V" stroke (2 ½ yrs)
- "H" stroke (2 ½ yrs)
- cross (3 yrs)

Comments: \_\_\_\_\_  
\_\_\_\_\_

### Copies:

- circle (3 yrs)
- cross (4 yrs)
- square (4 ½ yrs)
- "V" and "H" (4 ½ yrs)
- triangle (5 yrs)
- rectangle w/diagonals (5 ½ yrs)
- diamond (6 yrs)
- b, d, p, g (6 yrs)

Comments: \_\_\_\_\_  
\_\_\_\_\_

### Traces:

- diamond (3 ½ yrs) \_\_\_retraces the lines
- cross (4 ½ yrs) \_\_\_retraces the lines

Comments: \_\_\_\_\_  
\_\_\_\_\_

### Draw a person:

- 3 part (4 years)
- 6 part (5 years)

Writing: \_\_\_ prints \_\_\_ cursive  
letters: \_\_\_ large \_\_\_ irregular \_\_\_ accurate  
\_\_\_ appropriate size

spacing: \_\_\_ good \_\_\_ fair \_\_\_ poor \_\_\_ on line

reversals: \_\_\_ yes \_\_\_ no

rotation: \_\_\_ paper \_\_\_ body

pencil: \_\_\_rotates to erase \_\_\_moves through fingers

stabilize paper with non-dominant hand \_\_\_yes  
\_\_\_no

Comments: \_\_\_\_\_  
\_\_\_\_\_

### Midline Crossing: (note R/L/B)

\_\_\_ good \_\_\_ fair \_\_\_ poor \_\_\_ none

Comments: \_\_\_\_\_  
\_\_\_\_\_

Stability: \_\_\_\_\_  
\_\_\_\_\_

Bilateral Coordination: \_\_\_\_\_  
\_\_\_\_\_

Motor Planning: \_\_\_\_\_  
\_\_\_\_\_