

P.A.W.S
Penmanship for Aldine's Writers and Spellers
Gross Motor Skills - Part Two

Gross Motor Skills

The large muscles of the body provide strength, balance and the foundational skills needed to free the _____ and _____ to write.

In the absence of _____ control the student will have difficulty holding and guiding the pencil.

Postural Control

Neck, trunk, shoulders and upper extremities provide a postural base for fine control which is _____ in handwriting.

Secure upright body position promote arm stability and wrist/finger mobility.

Bilateral Integration

- Body's ability to use _____ sides together
 - Hand dominance
 - Ability to draw diagonals
 - Ability to cross the body's midline
 - Ability to draw horizontal lines smoothly
 - Directionality

Hand Dominance

Selection of a dominant hand for fine motor work usually occurs

between the ages of _____ and _____

The preferred hand will be used for writing and drawing with the other hand providing assistance and support.

Body Awareness

Body awareness is the understanding of the various parts of the body and how they move.

Midline Crossing

- Midline Crossing is the ability of one side of the body to cross over to the other side by moving across the center line of the body

“Right Brained” vs. “Left Brained”

- The ability to cross our midline and bilateral coordination is a prerequisite for appropriate lateralization.

If lateralization is not established

- Making decisions
- Organization
- Fine and gross motor organization
- Writing
- Reading
- Language development

Motor Planning

- Ability to plan and carry out skilled, non-habitual motor acts in the correct sequence