

Profile of Violent Youth

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Objectives

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- ☞ Meant to be interactive
- ☞ Role Play
- ☞ Definition of violence
- ☞ Discussion regarding increase in violent crime in 2016
- ☞ What is consider a high profile crime?
- ☞ Certified youth
- ☞ Benefits of gangs
- ☞ Family implications regarding violent behavior
- ☞ Compassion Fatigue
- ☞ What's behind anger?
- ☞ What's the problem?
- ☞ Role Play

Role Play

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Violence Defined

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- ❧ Marked by extreme force or sudden intense activity
 - ❧ <a *violent* attack>
- ❧ Notably furious or vehement
 - ❧ <a *violent* denunciation>
- ❧ Extreme, intense
 - ❧ <*violent* pain> <*violent* colors>
- ❧ Caused by force, not natural
 - ❧ <a *violent* death>
- ❧ Emotionally agitated to the point of loss of self-control
 - ❧ <became *violent* after an insult>
- ❧ Prone to commit acts of violence
 - ❧ <*violent* prison inmates>

Increase in Violent Crimes?

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- ❧ In addition to a large increase in homicides, major cities in the US have experienced more than 1,000 more robberies, almost 2,000 more aggravated assaults and more than 600 non-fatal shootings in 2016 compared to this time last year. The only category of violent crime not reflecting an increase when compared to last year is rape.
 - ❧ CNN 7/26/2016
- ❧ Decrease in overall crime, but increase in violent crime?
 - ❧ Is there a reason for this?

High Profile Crimes

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- ❧ What are they?

High Profile Crimes



- ☞ Murder
- ☞ Rape
- ☞ Vehicular Manslaughter
- ☞ Kidnapping
- ☞ Aggravated Assault
 - ☞ Difference between simple assault and aggravated?

Certified Youth



- ☞ Certification starts at age 14 in the state of Texas
- ☞ What does it mean to wear a yellow shirt?
 - ☞ How is the youth viewed by staff?
 - ☞ How is the clinician viewed by staff and other youth?
 - ☞ What is said?
- ☞ Mandated to be secluded by sight and sound from other peers
- ☞ Previously sent directly to adult jail

Certified Youth Cont.



- ☞ Many youth have consecutive life sentences, or 60+ years
 - ☞ Testifying in court
- ☞ What percentage of youth had a two-parent family system?
 - ☞ Why is this relevant or important?

Certified Youth Cont.



- ☞ Scenario 2
- ☞ You and your companions have just survived the crash of a small plane. Both the pilot and co-pilot were killed in the crash. Your group of survivors managed to salvage the following items:
 - ☞ A ball of steel wool
 - ☞ A small ax
 - ☞ A loaded .45-caliber pistol
 - ☞ Can of Crisco shortening
 - ☞ Newspapers (one per person)
 - ☞ Cigarette lighter (without fluid)
 - ☞ Extra shirt and pants for each survivor
 - ☞ 20 x 20 ft. piece of heavy-duty canvas
 - ☞ A sectional air map made of plastic
 - ☞ One quart of 100-proof whiskey
 - ☞ A compass
 - ☞ Family-size chocolate bars (one per person)
- ☞ Your task as a group is to list the above 12 items in order of importance for your survival. List the uses for each. You MUST come to agreement as a group.
 - ☞ Crystal Springs Reserve Foundation

Gangs



- ☞ What is a gang?
- ☞ Why were gangs created?
- ☞ Dissertation chair and advisor spent time w/ a gang
- ☞ As always, what are the pros and cons?
 - ☞ Compton Example

Family Impact on Violence



- ☞ Acquisition of values which support the use of violence
 - ☞ How are youth taught?
 - ☞ Right and wrong is taught by who?
 - ☞ Parents, friends, others?
 - ☞ Does trust play a factor?
- ☞ Reinforcement of violence in the home
 - ☞ How may this be acted out w/ peers at school?
- ☞ Ineffective parental supervision
 - ☞ Not the same as non-existent

Family Impact on Violence Cont.

- ☞ Weak family bonding
 - ☞ Does a family have time to bond if the parent has three (3) jobs?
 - ☞ How does your SES possibly determine the level of family bonding?
- ☞ EPPP question
 - ☞ Youth are more likely to listen to parents who "practice what they preach," while the next category are same-aged peers
- ☞ "at least steal a flat screen TV."
- ☞ "Misery loves company"
 - ☞ How does this apply w/ associating w/ negative peers?
 - ☞ "I'm not an angel, and neither are my friends."

Miller's Law

- ☞ "To understand what another person is saying, you must assume that it is true and try to imagine what it could be true of."
 - ☞ How does this apply to "violent" youth?
- ☞ Example from Tucson regarding impoverished conditions

Violent Youth vs. Youth who are Violent

- ☞ Is there a difference?
- ☞ Dr. Williams' stance on psychological reports
 - ☞ Currently able-bodied
- ☞ Does this change your mindset at all?

Compassion Fatigue



- ☞ *Compassion fatigue*, also used interchangeably in the literature with *secondary traumatic stress* and *vicarious trauma*, is best defined as a syndrome consisting of a combination of the symptoms of secondary traumatic stress and professional burnout
- ☞ Adams, Boscarino, & Figley, 2006; Bride, Radney, & Figley, 2007; Figley, 1995b.
- ☞ In research conducted by de Figueiredo, Yetwin, Sherer, Radzik, and Iverson (2014) compassion fatigue is defined as:
 - ☞ “the exhaustion and negative emotional, physiological, biological, and cognitive effects resulting from the cumulative effects of empathic engagement with, and secondary exposure to trauma.”

Warning Signs of Compassion Fatigue



- ☞ Organizational behaviors, such as frequent absenteeism, chronic tardiness, chronic fatigue, evidence of poor client care, and low completion rates of clinical and administrative duties, should be considered warning signs for burnout
- ☞ Barak, Nissly, & Levin, 2001; Cyphers, 2001; Lloyd, King, & Chenoweth, 2002
- ☞ Presenteeism

Culture and Compassion Fatigue



- ☞ Stebnicki (2007) shared that an ancient Native American teaching holds that “each time you heal someone, you give away a piece of yourself until, at some point, you will require healing” (p. 317).
- ☞ Regardless of culture, irritability, helplessness, a sense of isolation, depression, and confusion are all common symptoms among those suffering from compassion fatigue
- ☞ Bush, 2009; Huggard, 2003

PTSD and Compassion Fatigue

☞ In a study conducted by Bride (2007), where he surveyed 294 randomly selected masters level social workers, he found 70.2% experienced at least one symptom of PTSD in the previous week, 55% met the criteria for at least one of the core symptom clusters, and 15.2% met the core criteria for a diagnosis of PTSD

Continued Stress of Compassion Fatigue

☞ Over time, this degree of intensive involvement with clients may result in professionals experiencing nightmares, grief, anxiety (Clark & Gioro, 1998), depression, sleep disturbances, relational conflicts, and physical complaints often referred to as compassion fatigue, vicarious traumatization, or secondary traumatic stress (STS)
☞ Bride, 2004; Steed & Downing, 1998

Increased Risk for Compassion Fatigue

☞ Four factors that place mental health professionals working with mental health clients with trauma histories at higher risk for CF are:
☞ being empathetic
☞ having a history of traumatic experiences
☞ having unresolved trauma
☞ assisting in events in which children are involved
☞ Baird & Kracen, 2006; Figley, 2001; Simon et al., 2006

Treating Compassion Fatigue

- ☞ General bio-behavioral strategies, such as maintaining physical health, balanced nutrition, adequate sleep, exercise, or recreation, serve to buffer the effects of these conditions
- ☞ O'Halloran & O'Halloran, 2001; Pearlman, 1999; Zimering, Munroe, & Gulliver, 2003
- ☞ Maintaining general self-care may also involve the use of positive forms of self-expression, such as drawing, painting, sculpting, cooking, or outdoor activities
- ☞ Hesse, 2002
- ☞ Maintaining spiritual connections through church, meditation, yoga, philanthropic activities, and self-revitalization all serve to enhance general self-care, which buffers the effects of these conditions.

Treating Compassion Fatigue Cont.

- ☞ For individuals experiencing secondary traumatic stress, psychotherapy may be a reasonable treatment option, particularly for those with past trauma history
- ☞ Gardell & Harris, 2003; Hesse, 2002
- ☞ Finally, the use of emotional and social support from close family and friends has been indicated as a useful defense against the symptoms of STS, VT, and CF
- ☞ Figley & Barnes, 2005; Phipps & Byrne, 2003; Ray & Miller, 1994; Stamm, 1999
- ☞ To combat compassion fatigue Purdue Social Support Scale, the Compassion Fatigue Self Test, and a measure of PTSD

What's Behind Anger?



What's the problem?



Role Play

Questions

References available upon request
