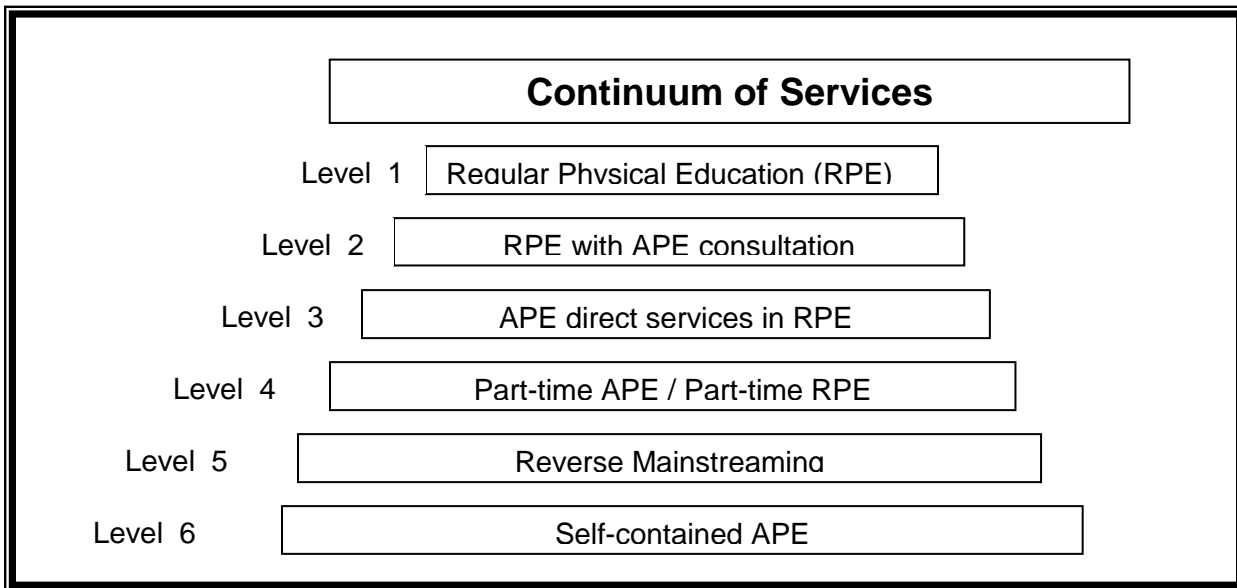


PLACEMENT OPTIONS IN ADAPTED PHYSICAL EDUCATION

The following continuum of placement options provides the student with special needs the opportunity to receive instruction in the least restrictive environment.



Level 1 Regular Physical Education

- Student attends regular PE with peers
- No APE services are necessary for students success in this setting
- Regular PE teacher feels comfortable working with student(s) with disabilities with no ongoing staff support
- Student(s) with disabilities can make necessary accommodations on their own

Level 2 Regular PE with APE Consultation

- Student attends regular PE with peers
- APE consults with staff to monitor student progress and address regular PE concerns regarding possible curriculum / activity modifications, behavior management techniques, and communication skills and/or assessing student skills
- No direct assistance needed for the student

Level 3 Adapted PE Direct Service in Regular PE

- Support personnel assist the student
- APE teacher may engage in team teaching once or twice a week with the regular PE teacher or may provide one on one assistance to the student
- APE teacher is responsible for training the support personnel

Level 4 Part-time Adapted PE and Part-time Regular PE

- Student may attend regular PE when he/she can participate safely and successfully in certain units of instruction while receiving APE instruction during units which he/she cannot safely or successfully participate
- May use flexible or fixed schedule with reverse mainstreaming

Level 5 Reverse Mainstreaming

- Student participates in APE with assistance from non-disabled peer tutors or partners
- Students with disabilities from schools go to regular schools for RPE
- Students without disabilities come to the special education school
- Students with and without disabilities meet at a community-based recreation facility

Level 6 Self-contained Adapted PE

- APE provided at the school at which the student is enrolled by the APE teacher
- APE provided by legally identified personnel at the school in which the student is enrolled. Consulting or monitoring services are provided by the APE.
- Amount of APE instructional time is decided by the ARD Committee