

Appendix C:

Resources -

Fine Motor Resources, Websites, Glossary

Following are some websites which address fine motor activities, tips, and supplies which may be appropriate for the school setting. Region 10 Education Service Center does not endorse any of these sites; they are provided only as reference and resources and by no means are an exhaustive list.

Abilitations: <http://www.abilitations.com>

This link will take you to the main page for Abilitations which specializes in a variety of therapy products. Many of the products were inspired or originally created by parents, teachers, and therapists. From the home page you can access a full range of specialty catalogs which can be viewed online as well as request a catalog to be sent to you. The catalogs include:

[http://www.integrationscatalog.com/](http://www.integrationscatalog.com) which specializes in items for children who learn and process differently. Offers a variety of sensory exploratory items and items which can aid in learning by focusing on sensory processes.

<http://www.abilitations.com/multisensory> previously known as SpaceKraft; this catalog specializes in items to create integrated multisensory environments.

<http://www.sportime.com> & <http://www.fitnessandsport.com> : though not specific for fine motor adaptations in the classroom, it offers a variety of games & activities which address sport related and overall motor development especially for children with special needs.

The Abilitations website also provides activity suggestions for many of their products that are in formats which can be easily downloaded or printed. The link can be accessed from any of the home page and is found in “Activity Guide” under the product tab or can be directly accessed through this link:

<http://www.abilitations.com/sportimeshared/adaptedActivityGuides.jsp>

ABLEDATA: <http://www.abledata.com>

About ABLEDATA (ABLEDATA website statement)-

“ABLEDATA provides objective information on assistive technology and rehabilitation equipment available from domestic and international sources to consumers, organizations, professionals, and caregivers within the United States.”

ABLEDATA is a resource for many products for adaptive technology including adaptive fine motor items. ABLEDATA does not produce, distribute, or sell directly. It does

provide an extensive list of products and how to contact the product manufacturers or distributors. Below are some samples of fine motor product resources:

Education section: “products to provide people with disabilities with access to educational materials and instruction in school and in other learning environments” To access this section from the ABLEDATA home page, select the “Products” tab then scroll through the alphabetical listing of sections.

Therapeutic Aids section: also under the “Products” selection on the ABLEDATA home page. Scroll through the list of subcategories to find sub groupings in more specialty areas. For more fine motor adaptive items look through subheadings under “**Fine Motor Skills**” and “**Perceptual Motor**”.

Handwriting Without Tears: <http://www.hwtears.com>

A handwriting curriculum designed to teach handwriting skills. The website provides information about the curriculum and how to obtain it. It also offers specialty information areas specific for teachers, parents, and therapists.

North Coast Medical (<http://www.ncmedical.com>)

For a direct link to the online consumer division “Functional Solutions” catalog go to the North Coast Medical home page and select the “Consumer Division” tab.

The Functional Solutions catalog offers a variety of products to address primarily fine motor adaptations for activities of daily living including feeding, dressing, and leisure.

OT Ideas, Inc: <http://www.otideas.com>

This resource provides products designed to help develop fine motor and visual motor skills. Included in the offered products are slant boards, pencil grips, scissors, handwriting instruction books, and fine motor activities.

Plano ISD: <http://www.pisd.edu/> (and search for “OT tips” or follow the links below) Supported and created by therapists at Plano ISD, the website provides information and general tips for both teachers and parents for common simple fine motor adaptations and techniques. The website also contains a therapy supply resource where commonly used items for fine motor adaptations including slant boards, eating utensils, pencil grips, specialty markers/crayons, etc can be found.

For direct access to the pages:

Teacher Tips: <http://k-12.pisd.edu/currinst/sped/OT/OTteachtips2.htm>

Parent Tips: <http://k-12.pisd.edu/currinst/sped/OT/OTParentPoints2.htm>

Occupational Therapy Products Resource List:

<http://k-12.pisd.edu/currinst/sped/OT/OTProducts.htm>

Pocket Full of Therapy: <http://www.pfot.com>

Handwriting papers, grips, slant boards, and fine motor development products

Sammons & Preston: <http://www.sammonspreston.com>

Though this catalog source tends to offer items more medical in nature, they do have fine motor and pediatric selections.

To access products selections for manipulatives & puzzles, general motor play, and tactile/auditory/visual stimulation select “Sensory Motor” from the home page.

To access the section for aids for daily living including writing aids, scissors, and book holders select “Aids of Daily Living” from the home page.

Southpaw: <http://www.southpawenterprises.com>

Primarily a source for sensory integration products, there are selections specific for fine motor activities including pencil grips, weighted pencils/pens, handwriting books, etc.

Therapro: <http://www.theraproducts.com>

A resource with a wide array of adaptive tools used to facilitate handwriting including squiggle writers, grips, raised line paper and other specialty marked papers.

Therapy Shoppe: <http://www.therapyshoppe.com>

This site offers a variety of handwriting papers, finger strengtheners, scissors, and slant boards among product selections which cater to school and pediatric therapists, teachers, and parents.

Tracer Pages:

Some websites offering reproducible and custom created tracer pages for handwriting and coloring

<http://www.crayola.com>

<http://www.handwritingforkids.com>

<http://www.kidzone.ws>

<http://www.schoolhousefonts.com>

General Catalogs

These are not fine motor specific but do offer a variety of supplies and positioners:

<http://www.flaghouse.com>

<http://www.lakeshorelearning.com>

<http://www.rifton.com>

OCCUPATIONAL THERAPY RESOURCES FOR ACTIVITIES OF DAILY LIVING

<u>ITEM</u>	<u>VENDOR</u>	<u>PHONE #</u>	<u>WEB ADDRESS</u>
Zipper Pull	Styletek	1-800- 843- 4335	www.styletek.com
Reacher	Sammons Preston	1-800-323-5547	www.sammonspreston.com
Dycem	Achievement Products For Children	1-800-373-4699	www.specialkidszone.com
Nosey Cups	Sammons Preston	1-800-323-5547	www.sammonspreston.com
Adaptive Spoons	Sammons Preston	1-800-323-5547	www.sammonspreston.com
Adaptive Mugs and Cups	North Coast Medical	1-800-821-9319	www.ncmedical.com
Rocking Knife	North Coast Medical	1-800-821-9319	www.ncmedical.com
Food Guard	North Coast Medical	1-800-821-9319	www.ncmedical.com
Gripware Round Scoop Dish	North Coast Medical	1-800-821-9319	www.ncmedical.com
Toothbrush and Toothpaste	Dr. Fresh Inc.	1-866-373-7374	www.drfresh.com
Easy Pull Sockaid	North Coast Medical	1-800-821-9319	www.ncmedical.com
Sandwich Holder	Sammons Preston	1-800-323-5547	www.sammonspreston.com
Foam Tubing	Sammons Preston	1-800-323-5547	www.sammonspreston.com

It is the policy of Region 10 Education Service Center not to discriminate on the basis of race, color, national origin, gender or handicap in its vocational programs, services or activities as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; and Section 503 and 504 of the Rehabilitation Act of 1973, as amended. Region 10 Education Service Center will take steps to ensure that lack of English language skills will not be a barrier to admission and participation in all educational programs and services.

PENCIL GRIPS

ITEMS	COMPANY	INFORMATION
Air Grip	Pocket Full of Therapy	www.pfot.com (732)441-0404
Claw Grip	Therapy Shoppe, Inc.	www.therapysshoppe.com (800)261-5590
Crossover Grip	Therapy Shoppe, Inc.	www.therapysshoppe.com (800)261-5590
EZ Grip	Pocket Full of Therapy Therapy Shoppe, Inc.	www.pfot.com (732)441-0404 www.therapysshoppe.com (800)261-5590
Foam Grip	Therapy Shoppe, Inc.	www.therapysshoppe.com (800)261-5590
Handiwriter	Pocket Full of Therapy Therapy Shoppe, Inc.	www.pfot.com (732)441-0404 www.therapysshoppe.com (800)261-5590
Jumbo Pencil Grip	Pocket Full of Therapy	www.pfot.com (732)441-0404
Pencil Grip	Pocket Full of Therapy Therapy Shoppe, Inc.	www.pfot.com (732)441-0404 www.therapysshoppe.com (800)261-5590
Rubber Triangle Grip	Therapy Shoppe, Inc.	www.therapysshoppe.com (800)261-5590
Solo Grip	Pocket Full of Therapy Therapy Shoppe, Inc.	www.pfot.com (732)441-0404 www.therapysshoppe.com (800)261-5590
Start Right Pencil Grip	OT Ideas, Inc. Pocket Full of Therapy	www.otideas.com (877)768-4332 www.pfot.com (732)441-0404
Stetro Grip	Pocket Full of Therapy Therapy Shoppe, Inc.	www.pfot.com (732)441-0404 www.therapysshoppe.com (800)261-5590
Super-Grip Triangle Gripper	Therapy Shoppe, Inc.	www.therapysshoppe.com (800)261-5590

WEB SITES

American Academy of Cerebral Palsy and Developmental Medicine
<<http://www.aacpdm.org/>>

American Occupational Therapy Association
<<http://www.aota.org/>>

American Physical Therapy Association
<<http://www.apta.org/>>

APTA Pediatric Physical Therapy Journal
<<http://www.pediatricphysicaltherapy.com/>>

APTA Pediatric Section
<<http://www.pediatricapta.org/>>

Assistive Technology Training Online
<<http://www.atto.buffalo.edu/>>

Center for Applied Special Technology
<<http://www.cast.org/>>

Computer Technology in Special Education and Rehabilitation
<<http://www.closingthegap.com/>>

Council for Exceptional Children
<<http://www.cec.sped.org/>>

Disability Information
<<http://www.disabilityinfo.gov/>>

EDLAW Center
<<http://www.edlaw.net>>

Educational Resources Information Center
<<http://www.eric.ed.gov/>>

Family Center on Technology and Disabilities
<<http://www.fctd.info/>>

Federal Resource Center for Children with Disabilities
<http://www.dssc.org/frc/>

Handbook for Occupational & Physical Therapy Services In the Public Schools of Virginia. (April 2004). Retrieved from The Virginia Department of Education website:
<<http://www.pen.k12.va.us/VDOE/sped/OTPTHandbook.pdf>>

IDEA Practices

<<http://www.ideapractices.org/>>

International Center for Disability Information

<<http://www.icdi.wvu.edu/>>

Job Accommodations Network

<<http://janweb.icdi.wvu.edu/>>

National Center for the Dissemination of Disability Research

<<http://www.ncddr.org/>>

National Center on Educational Outcomes

<<http://www.education.umn.edu/nceo/>>

National Center on Physical Activity and Disability

<<http://www.ncpad.org/>>

National Center on Secondary Education and Transition (NCSET)

<<http://www.ncset.org/>>

National Collaborative Workforce and Disability –Youth

<http://www.ncwd-youth.info/>

National Early Childhood Transition Center

<http://www.ihdi.uky.edu/nectc>

National Information Center for Children and Youth with Disabilities

<<http://www.nichcy.org/>>

National Library of Medicine

<<http://www.nlm.nih.gov/>>

National Library of Medicine's Medline and Pre-Medline Databases

<<http://www.medportal.com/>>

National Organization for Rare Disorders

<<http://www.rarediseases.org/>>

National Rehab Network

<<http://www.medgroup.com/>>

OT Systematic Evaluation of Evidence
<<http://www.otseeker.com/>>

Partnerships in Assistive Technology
<<http://www.pat.org/>>

Pediatric Orthopedics and Pediatric Sports Medicine for Parents
<<http://www.orthoseek.com/>>

Pediatric Physical Therapy Journal
<<http://www.pedpt.com/>>

Rehabilitation Engineering and Assistive Technology Society of North America
(RESNA)
<<http://www.resna.org/>>

Special Education NEWS
<<http://www.specialednews.com/>>

The Arc
<<http://www.thearc.org/>>

The Physiotherapy Evidence Database
<<http://www.pedro.fhs.usyd.edu.au/>>

United Cerebral Palsy Association
<http://www.ucp.org/>

US Department of Education Idea Website
<<http://idea.ed.gov>>

Wheelchair Net
<<http://www.wheelchairnet.org>>

OT AND PT IN THE SCHOOL SETTING GLOSSARY OF TERMS/ACRONYMS

Accommodations - instructional changes to support any student in classroom

ADA - Americans with Disabilities Act of 1990

APE - Adapted Physical Education

Annual ARD Meeting - held yearly to review progress and update IEP, referred to as the IEP meeting in IDEA 2004

ARD Committee – Admission, Review and Dismissal committee which includes parents, administrator, educational diagnostician, general education teacher, special education teacher, SLP, related services, VI, the student and others as appropriate. Referred to as IEP team in IDEA 2004

Assistive Technology Device - any item, piece of equipment, or product system used to increase, maintain, or improve the functional capabilities of a child with a disability, IDEA Sec. 602(1)

AU – Autism, eligibility code

AYP - Annual Yearly Progress. Under the accountability provisions in the No Child Left Behind (NCLB) Act, all public school campuses, school districts, and the state are evaluated for Adequate Yearly Progress (AYP). Districts, campuses, and the state are required to meet AYP criteria on three measures: Reading/Language Arts, Mathematics, and either Graduation Rate (for high schools and districts) or Attendance Rate (for elementary and middle/junior high schools). <http://www.tea.state.tx.us/ayp>

Behavior Intervention Plan (BIP) – a concrete plan of action for managing a student’ behavior. It is developed by the ARD/IEP committee after a functional behavioral assessment is completed

CFR - Code of Federal Regulations, 34 CFR Parts 300 covers Part B Regulations, written by the Department of Education to clarify IDEA

Parental Consent - required for all formal evaluations and special education services

COMS - certified orientation and mobility specialist

CMC - content mastery center - designed to support the regular classroom education of students who have qualified to receive special education services

CPI - Crisis Prevention Institute, behavior management training

Criteria - level of skill acquisition used to determine if goal/objective is met

CTVI - certified teacher of the visually impaired

DARS - Department of Rehabilitative Services – government resource for transition planning

Due Process - A guarantee of rights and privileges, (i.e. parent's right to be notified before any action can be taken concerning their child)

ECI - Early Childhood Intervention – Provides services in Texas for birth to 3 years old children with developmental delays

Educational Diagnostician - professional who evaluates students to determine eligibility for special education

Educational Relevance - present if goal or intervention is needed to enable child to benefit from educational setting

Eligibility - specific criteria for receiving special education services

ESC (Educational Service Center) - One of 20 regional offices within Texas to provide consultation, professional development and assistance to local LEA/SSAs.

ESY - extended school year, available to students who show documented regression which is not regained in 6 weeks

FERPA - Family Educational Rights and Privacy Act, protection of confidential educational records

FAPE - free appropriate public education – mandated by federal law for all students with disabilities

FIE - Full Individual Evaluation -must be done before the initial provision of any special education or related services to a child with a disability, and students must be reevaluated at least once every three years

FVE/LMA - functional vision evaluation/ learning media assessment, evaluation for VI services

Head Start - federal program to promote school readiness by enhancing social and cognitive development for students 3 yrs to 5 yrs old deemed economically disadvantaged

HIPPA - Health Insurance Portability and Accountability act of 1996, protection of confidential medical record information

IEP - individual education programs – contains annual goals (objectives & implementers) for the student

IDEIA 2004, - Individual with Disabilities Education Improvement Act. It is also referred to as H.R. 1350, Public Law 108-446, 118 Statute 2649 and 20 USC (US code) 1400. It is the federal law of special education written by congress. Part B – Assistance for Education of All Children with Disabilities. Part C – Infants and Toddlers with Disabilities

LEA -Local Education Agency, Independent School District or charter school

LEP - limited English proficient

LRE - least restrictive environment

LSSP - licensed specialist in school psychology

Modification - instructional support that assists student in mastering IEP goal

No Child Left Behind (NCLB) - 2002 revision of 1994 Improving America's School Act – mandated by federal law, refers to general education law

OSEP - Office of Special Education Programs

PEIMS - Public Education Information Management System – district reporting tool

PDD NOS - pervasive developmental disorder, not otherwise specified

PPCD - Preschool Program for Children with Disabilities, ages 3 to 5

Procedural Safeguards - specific rights and responsibilities of the parent in the special education process

REED - Review of Existing Evaluation Data – used by ARD/IEP committee in planning for full individual evaluation

Related Services - provided to enable students with disabilities to benefit from special education (audiology, PT, OT, Psych, in home training, O & M, music therapy, AT, transportation services)

Resource Room - classroom setting where students receive up to 3 hours of special education instruction per day, rest of day is spent in general education instruction

Self Contained – special education classroom, which emphasizes everyday functional activities classroom and composed solely of children having special needs, sometimes referred to as Life Skills class

Special Education - modified instruction for students with special needs

TAKS Alt - Texas Assessment of Knowledge and Skills – alternative assessment

TEA - Texas Education Agency

TWC - Texas Workforce Commission – resource for transition training

VAC - vocational adjustment coordinator/class

Additional glossary available at Coppell ISD's website:

<http://coppellisd.com/curriculum/SpecEd/glossary.htm>