



Region 10 CRISIS SUPPORT TEAM

THE REGION 10 ESC CRISIS SUPPORT TEAM is a service designed to help schools during crisis situations affecting staff and students since a planned, organized approach has been shown to be effective in reducing the emotional and social impact of a crisis.

The team offers support during and after crisis situations that have a significant impact on schools, e.g.,

- student or staff deaths
- critically ill or injured students/staff
- terminal illness
- school shootings
- natural disasters

We provide support in crisis resolution activities to:

- central office staff
- building administrators
- counselors
- teachers
- support staff
- families
- students



THE TEAM includes Region 10 employees and counselors, psychologists, and behavior specialists from LEAs across the region that have been trained in NOVA, National Organization for Victim Assistance, in order to effectively assist victims of a crisis.

In the event of a crisis, Region 10 will work with you and your designated point of contact to gather information and design a plan of care and support to meet your needs with services consisting of, but not limited to:

- Media relations including sample letters, postings, press conferences, etc.
- On-site support with managing students, staff, and parents
- Crisis Kits
- Counseling services provided by R10 employees and/or LEA team members
- Staff debriefing, group/individual grief counseling
- Community outreach, counseling, and support
- Connection to outside agencies including therapy dogs, ongoing counseling, etc.

▶▶▶ **FAQS** ◀◀◀

- Between 2013 to 2019, there have been 347 shooting instances on at K-12 schools.
 - ▶ <https://everytownresearch.org/report/a-plan-for-preventing-mass-shootings-and-ending-all-gun-violence-in-american-schools/>
- Suicide is the 2nd leading cause of death for students aged 12-18.
 - ▶ 2018 CDC WISQARS
- During 2019, roughly 1 in 5 high school students had seriously considered attempting suicide, 1 in 6 had made a suicide plan, 1 in 11 had attempted suicide, and 1 in 40 (2.5%) required medical attention from that attempt.
 - ▶ Ivey-Stephenson, A. Z., PhD, Demissie, Z., PhD, Crosby, A. E., MD, Stone, D. M., ScD, Gaylor, E., MPH, Wilkins, N., PhD, . . . Brown, M., DrPH. (2020, August 21). US Department of Health and Human Services/Centers for Disease Control and Prevention. US Department of Health and Human Services/Centers for Disease Control and Prevention, 69.
- 175 Texas children will be victims of abuse any given day. However, child abuse cases are more likely to go unreported during stay-at-home orders because school officials are so often the 1st people to report suspected child abuse.
 - ▶ <https://www.cactx.org/news-events/rauls-child-abuse-more-likely-to-go-unreported-during-stay-at-home-orders>
- 12.9% of Texas youth ages 12-17 reported at least one Major Depressive Episode (MDE) in the last year yet only 23.5% reported receiving any treatment.
 - ▶ Mental Health In America - Youth Data; <https://www.mhanational.org/issues/mental-health-america-youth-data>
- 3.61% of Texas youth ages 12-17 reported having a Substance Use disorder in the last year; 7th highest ranked state in the US.
 - ▶ Mental Health In America - Youth Data; <https://www.mhanational.org/issues/mental-health-america-youth-data>
- 67% of trauma-impacted youth had trouble with concentration, 51% often struggled staying still and 69% reported being easily distracted in the classroom compared to no-traumatized youth.
 - ▶ <https://mhanational.org/sites/default/files/2019-09/2019%20MH%20in%20America%20Final.pdf>