



# REGION 10 CRISIS SUPPORT TEAM

**T**HE REGION 10 ESC CRISIS SUPPORT TEAM is a service designed to help schools during crisis situations affecting staff and students since a planned, organized approach has been shown to be effective in reducing the emotional and social impact of a crisis.

**The team offers support during and after crisis situations that have a significant impact on schools, e.g.,**

- ▶ student or staff deaths
- ▶ critically ill or injured students/staff
- ▶ terminal illness
- ▶ school shootings
- ▶ natural disasters

**We provide support in crisis resolution activities to:**

- ▶ central office staff
- ▶ building administrators
- ▶ counselors
- ▶ teachers
- ▶ support staff
- ▶ families
- ▶ students



**THE TEAM** includes approximately 25 members consisting of Region 10 employees and counselors, psychologists, and behavior specialists from LEAs across the region that have been trained in NOVA, National Organization for Victim Assistance, in order to effectively assist victims of a crisis.

**In the event of a crisis, Region 10 will work with you and your designated point of contact to gather information and design a plan of care and support to meet your needs with services consisting of, but not limited to:**

- ▶ Media relations including sample letters, postings, press conferences, etc.
- ▶ On-site support with managing students, staff, and parents
- ▶ Crisis Kits
- ▶ Counseling services provided by R10 employees and/or LEA team members
- ▶ Staff debriefing, group/individual grief counseling
- ▶ Community outreach, counseling, and support
- ▶ Connection to outside agencies including therapy dogs, ongoing counseling, etc.

## FAQS

- 285 school shootings in America since 2013, an averaging of about 1 per week.<sup>1</sup>
- Suicide rates are at a 30-year high among all ages, the tenth leading cause of death in the United States, and currently the second leading cause of death among 15- to 24-year-olds.<sup>2</sup>
- Approximately 1 in 25 adults in the U.S. (9.8 million) experiences a serious mental illness in a given year that substantially interferes with or limits one or more major life activities.<sup>3</sup>
- Approximately 20% of youth aged 13–18 experiences a severe mental disorder at some point during their life. For children aged 8–15, the estimate is 13%.<sup>4</sup>
- Traumatized 5-year-olds are three times more likely to have problems with paying attention, and two times more likely to show aggression.<sup>5</sup>

1. <https://everytownresearch.org/school-shootings/>

2. <https://fsrn.org/2017/02/teen-suicide-rates-hit-30-year-high/>

3. Serious Mental Illness (SMI) Among Adults. (n.d.). Retrieved October 23, 2015, from <http://www.nimh.nih.gov/health/statistics/prevalence/serious-mental-illness-smi-among-us-adults.shtml>

4. Any Disorder Among Children. (n.d.) Retrieved January 16, 2015, from <http://www.nimh.nih.gov/health/statistics/prevalence/any-disorder-among-children.shtml>

5. <http://neatoday.org/2016/05/17/trauma-and-children/>